

PLACENTIA STARS
CHAPTER

Stargazer, a Placentia Stars Publication

Placentia Stars Chapter
Placentia, California

Volume 4, Issue 9
April 18, 2011



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Chapter Meeting

Tues. April 26, 2011



Our April meeting will have focus on our chapter members with Lynne McConnell facilitating a special craft that can be used for any holiday.

This will allow us to get “down and dirty” working with our hands to create a work of art using ribbon, Styrofoam, pins and a bit of creativity to make wreaths, centerpieces, Christmas trees, kissing balls, etc.

In addition to our meeting program, we will be honoring our new Woman of the Year for Placentia Stars. Who is it you ask? Come to the April meeting and find out—see you on the 26th!

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

Meeting Location



**Best Western Hotel 118 East Orangethorpe
Placentia, CA (714) 528-7778**

Networking 6:00pm Meeting 6:30pm

R.S.V.P. Carol Smith (562) 925-7023

Menu

A light dinner will be provided. Please plan to bring your own beverage.

Meeting Policy

All members have a standing dinner reservation. Banquet chairperson confirms with the hotel the Wednesday before the scheduled meeting. Chapter is committed to the number confirmed with the hotel. Please remember to call & cancel your reservation or you will be billed for your attendance unless other arrangements are made in advance & confirmed with Carol Smith. Thank you for your understanding.

CHAPTER MISCELLANY



Top Ten Women of ABWA applications will be accepted through May 15th. If you are interested in applying for this prestigious award ask any board member. All pertinent information can be found on line in WIN. Also, May is traditionally election month for the upcoming chapter year. Please let us know if you are interested in holding an office for the Placentia Stars. The new chapter year begins in August—although we are small we are a mighty group—don't miss the opportunity to serve!

**WISDOM & POWER
MIGHTY QUOTES**


There are two ways of spreading light... to be the candle or the mirror that reflects it.

Edith Wharton



Our chapter newsletters along with all pertinent information for the chapter and national level can be found on WIN. Be sure and take a moment to check out the roster for Placentia Stars and make sure your info is current—www.abvwa.org.

UPCOMING EVENTS

April 29-30, 2011
District VI Spring Leadership Conference
Santa Fe, New Mexico

May 14, 2011
Inland Valley Council

August 6, 2011
Hats Off—LAAC

September 2011
National Leadership Conference—Texas

President's Message



April 2011

Dear Placentia Stars Members,

April is a beautiful month, time to refresh both the body and the spirit. Spring is in the air, colorful flowers and trees are blooming everywhere you look. Birds are tweeting, bunnies are hopping.

This is the time of year we observe the Resurrection of Christ. Easter was originally an uproarious pagan festival celebrating the return of spring and commemorating the goddess Eastre. Christian missionaries decided to use the pagan festival to cover their celebration of Christ as it happened the same time of year. Easter marks the end of Lent, a period of fasting and penitence in preparation for Easter, which begins on Ash Wednesday and lasts forty days (not including Sundays).

The Easter Bunny originated with the pagan festival of Eastre. The rabbit was the goddess Eastre's earthly symbol. Easter was not widely celebrated in America until after the Civil War. The exchange of eggs in the springtime is a custom that has been around since early times. Today children of all ages love to hunt for colorfully decorated eggs, of course, hidden by the Easter Bunny. The Easter Basket originated in the German folklore of the Easter Hare. He would leave the baskets filled with candy and goodies for kids on Easter morning. This tradition was brought to the U.S. by early German settlers.

As a child I looked forward to my beautiful basket and my egg hunt. Even now I still love Easter baskets, bunnies and the beauty this time of year brings. Many of my friends and I exchange baskets, fluffy bunnies and other Easter goodies. This time of year some of us turn back the clock to when we were kids. Wishing you Happy Easter, Happy Spring. God Bless you all in whatever you do.

Sandee Jeffers,
Placentia Stars - President

If you don't like something, change it, if you can't change it, change the way you think about it! - Anonymous

Placentia Stars
2010-2011

**Chapter Officers/
Committees**

President
 Sandee Jeffers
 (714) 394-4530

Vice President
 Lynne McConnell
 (562) 431-6131

Secretary
 Carl Jeffers
 (714) 394-7448

Treasurer
 Lynn Gaytan
 (909) 947-3583

Decorations
 Sandee Jeffers
 (714) 394-4530

Fundraising
 Lynn Gaytan/Carol Smith
 (909) 947-3583
 (714) 828-1497

Hospitality
 Carol Smith
 (562) 925-7023

**Newsletter/Web
Mistress**
 Bryna Dambrowski
 (562) 428-1710

Membership
 Open

Sunshine
 Sandee Jeffers
 (714) 394-4530

Placentia Stars Meeting Notes, February 2011

Date: February 22, 2011

Location: Best Western Express, Placentia, CA

President Sandee Jeffers called the meeting to order at 6:30. Lynn Gaytan led the invocation and the Pledge of Allegiance to the Flag.

Sandee called for self-introductions, giving name, place of business/retired, affiliation with ABWA, and New Year's resolutions.

The January Secretary's minutes, as published in the February newsletter, were approved as published. The January Treasurer's report was approved as published and filed for audit.

Business Meeting:

Due to temporary lack of Little Lotto tickets, the drawing was postponed. The March meeting will feature two drawings.

Woman of the Year – delayed till next meeting due to absence of Lynne McConnell.

Announcements:

March 5. Placentia Library Author's Luncheon featuring John Dean, White House Counsel to President Nixon, will be held at the Alta Vista Country Club in Placentia. The cost is \$50. Carl Jeffers will represent the Chapter as "Celebrity Waiter."

March 19: El Dorado Chapter Luncheon and Fashion Show.

March 29. "Women on the Go" at the Placentia Women's Roundtable. Any Chapter woman attending will receive \$15 from the Chapter's Education Fund.

April 9. Impact Council at the Placentia Library.

Program: Dr. Joe Tobias, Doctor of Chiropractic, "Nutrition and other Health Issues." Some key points:

100 year old people are the fastest growing segment of the population in the world!

50% of babies born since 2000 are expected to live to 100.

Think before you eat! Don't diet! Focusing on weight loss alone creates a sense of deprivation – you constantly think about what you "can't have."

"Lifestyle Nutrition" gives you good food, more energy, more focus, more vitality, a positive mind-set and a way of life.

It's not only the quantity of calories but the quality of your calories that count:

Empty calories: cake, beer, french fries, soft drinks, etc.

Quality calories: fruit, vegetables, brown rice, lean meats, fish, nuts and seeds, etc.

Lynn Gaytan led the benediction and Sandee adjourned the meeting at 8:15.

Count: seven members and one guest

Respectfully submitted,

Carl Jeffers, Secretary



Placentia Stars Meeting Notes, March 2011

Date: March 29, 2011

Location: Best Western Hotel, Placentia, CA

President Sandee Jeffers called the meeting to order at 6:30. Lynn Gaytan led the invocation and the Pledge of Alligiance to the Flag.

Sandee called for self-introductions, giving name, place of business/retired, affiliation with ABWA, and your plans for Easter.

Due to technical difficulties, the February Secretary's minutes were not available for publication in the March newsletter. They will be published in the April newsletter.

The February Treasurer's report was published in the March newsletter and was amended to reflect that the petty cash custodian is [Lynn Gaytan/Carol Smith?], not Lynne McConnell. The report, as amended, will be file for audit.

March birthdays: Carl Jeffers, March 17, and Julie Cole, March 26.

Business Meeting:

Little Lotto: Two drawings this month. The winners were Lynn Gaytan's granddaughter and Lynne McConnell's daughter.

Woman of the Year – The members voted and the votes were collected by Lynne McConnell. She will announce the results at the April meeting.

Announcements:

April 9. Impact Council at the Placentia Library.

April 16: Lamplighters Chapter will be co-hosting "If Teacups Could Talk XI."

April 29-30: District VI Spring Leadership Conference in Santa Fe, NM.

Program: In honor of Women's History Month, Chapter members gave presentations on Famous Women Throughout History.

Bryna: Florence Nightingale – "The Lady of the Lamp."

Julie: Laurel Burch, jeweler, designer of paintings, T-shirts, art, tote bags, plates.

Carol Smith: Barbara Streisand, actress (movies and Broadway), concert singer (soprano), philanthropist, Democrat

Carol Peterson: Phoebe Apperson Hearst, strong educational promoter/advocate at a time when women didn't do such things; preserved Mount Vernon, supported YWCA, mother of William Randolph Hearst.

Lynne McConnell: Eleanor Roosevelt, wife of President Franklin D. Roosevelt (three consecutive terms in the White House, strong advocate of the formation of the United Nations.

Lynn Gaytan: Anne Sullivan, friend/mentor/companion to Helen Keller.

Sandee: Audrey Hepburn, movie actress (from Belgium), ambassador to UNICEF, philanthropist.

Lynn Gaytan led the benediction and Sandee adjourned the meeting at 8:30.

Count: eight members and one guest

Respectfully submitted,

Carl Jeffers, Secretary

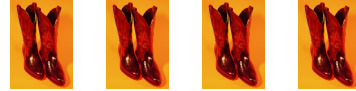
Placentia Stars on the web at
www.abwaplacentiastars.org

Los Angeles Area Council
www.laacabwa.org

Impact Council
www.impactabwa.org

National Association
www.abwa.org

Pattie Vargas, District VI VP
pattie@thevargasgroup.net



It is time to start thinking about attending the National Women's Leadership Conference in Irving Texas in September. One of the innovative things our national association has done is to allow members to utilize the pre-payment plan which allows you to stretch your registration into 4 payments. The first payment begins in May so be sure and check out the registration form on line at ABWA.org. Before you know it September will be here—hee haw!!

Celebrate Anniversaries/Birthdays



No chapter anniversaries or birthdays in April

INVOCATION

Lord, In the quiet of this hour we come to thee for wisdom and for power, to view thy world through only love filled eyes, to grow in understanding, to be wise, and sure to see our guiding light, and thus to know each other as thou knowest us, AMEN.

BENEDICTION

Oh guiding spirit guardian of our days, be with us as we go our separate ways, help us to feel those thoughts that lift and bless, to know a closer bond of friendliness, to see thy beauty always every day, translated into living this we pray,

LITTLE LOTTO



**February 2011 winner
Bernie McConnell**

**March 2011 winner
Hailey Grisham**

ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.